

HEALTH CASH PLAN FOR 5 - 19 EMPLOYEES

Our health cash plans help keep your workforce happy, healthy and productive - we're with you every step of the way!

LEVEL	LEVEL	LEVEL	LEVEL	LEVEL
1	2	3	4	5

100% Reclaim up to 100% of cost on a wide range of benefits, up to an annual limit

Employee premiums	Weekly	£1.29	£2.42	£3.87	£5.16	£6.45
	Monthly	£5.59	£10.50	£16.77	£22.36	£27.95
Friends & Family (non-employees)	Weekly	£1.83	£3.63	£5.50	£7.33	£9.17
	Monthly	£7.95	£15.75	£23.85	£31.80	£39.75

Everyday health & wellbeing

For happy, productive and engaged employees

Optical ^{100%} Including sight tests, glasses and contact lenses	£60	£80	£120	£150	£220
Dental ^{100%} Including check ups and routine treatment. Private or NHS	£60	£85	£125	£170	£220
Chiropody ^{100%}	£40	£50	£75	£100	£125
Professional Therapy ^{100%} Including physiotherapy, osteopathy, chiropractic, acupuncture, homeopathy, hypnotherapy and reflexology	£100	£150	£200	£250	£300

Prevention & fast diagnosis

For a speedier return to health

Specialist Consultation & Tests ^{100%} Including MRI scans, X-rays and reclaiming of PMI excess	£120	£180	£250	£335	£425
Health Screening ^{100%} Including Well-man / Well-woman, mammography and heart disease screening	£50	£100	£150	£200	£250
Lifestyle Assessment Online assessment and personal coaching accessed via our website	✓	✓	✓	✓	✓

Professional support

To get your employees back on track

Paycare EAP Confidential counselling and helpline service Unlimited telephone support 24/7 Up to 6 face to face counselling sessions (if required)	✓	✓	✓	✓	✓
GP 24/7 Unlimited telephone support Virtual surgery via our mobile app Worldwide cover Private prescription service	✓	✓	✓	✓	✓
Redundancy Premium Protection Free cover (for up to 6 months) in the event of redundancy	✓	✓	✓	✓	✓

Rewards

Paycare Perks Online employee discount scheme giving access to hundreds of high street, leisure and health and fitness discounts. Accessed via our website.	✓	✓	✓	✓	✓
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With an Additions policy you can choose extra benefits to suit your business, up to 3 depending on your policy level (employees only)

Additions	PICK 1	PICK 1	PICK 2	PICK 2	ALL 3
+ Wellbeing & Alternative Therapy up to £30					
+ Inoculation / Vaccination up to £30					
+ Personal Accident Cover up to £10,000					

The premium is inclusive of Insurance Premium Tax at the current rate. This table should be read in conjunction with the full policy rules. All benefits shown are yearly maximums and are paid at 100% of the receipt value up to the annual limit.

Much more than just a great health cash plan

Paycare

Everyday Health Cover since 1874

Your Paycare policy comes with a range of key benefits:

- ✓ Dedicated Account Manager
- ✓ Dependent children covered
- ✓ No medical required
- ✓ Online & paper claims
- ✓ Corporate Centre Resources
- ✓ Up to 100% payback
- ✓ Immediate benefit
- ✓ Annual benefit allowance

Helpline



Paycare Counselling & Helpline

We understand that from time to time you might need a little extra support and somewhere to turn to; we're here for you.

Our confidential Telephone Counselling Service offers professional support for depression, stress, anxiety, relationship problems and bereavement, as well as valuable tax, debt and legal support 24 hours a day. And what's more, if required, we will also cover the cost of up to 6 face to face counselling sessions, to help get you back on track.

GP 24/7



With GP waiting times reaching a staggering 14 days, it can be harder than ever for your employees to access local GP services. Until now...

Whether your employees want to speak to a doctor during their lunch break or need medical support in the middle of the night, the Paycare GP 24/7 app makes it easy to book appointments, attend a consultation via telephone or video link, get private prescription medication delivered to your door and much more, reducing the need for lengthy time out of work arranging and attending appointments.

Rewards



Reward your employees with discounts on a wide range of everyday purchases

At Paycare we believe that employee wellbeing doesn't stop with physical and mental health, so we've introduced a brand new service designed to help your staff to look after their financial health too!

Paycare Perks is a fantastic new online discount scheme offering savings on hundreds of high street, leisure, and health and fitness products and services. With our Savings Calculator your employees can see exactly how much they could save on their annual household spend.

Redundancy Premium Protection

If redundancy strikes you may lose access to employment benefits like healthcare cover. To help out in this difficult time, we offer our Policyholders FREE cover up to 6 months from the day you are made redundant, subject to qualifying criteria.

The Paycare Employee Assistance Programme is provided by The Validium Group Ltd.

Paycare's GP 24/7 service is provided by Medical Solutions Ltd. Paycare Perks is provided by Parliament Hill Limited.

For full details and to discover how you can access these services please refer to your Policy Documents.