



Fitness



Speak to a GP



Face to face e-consultations



Private Prescriptions



Health Information


**Did you know?**

You can access our GP App 24 hours a day, 365 days a year - wherever you are.

# Jetting abroad on your holidays this summer?

Ever-increasing waiting times combined with our own busy lives means that accessing local GP services is harder than ever. Until now...

Get 24/7 access to a GP at your fingertips with Paycare - our GP App provides the following services:

-  Video Chat with a UK Registered GP
-  Private prescription medication delivered straight to your door
-  Trusted medical advice and helpful healthcare resources
-  24 hour online and telephone consultation service and support home or abroad
-  Find healthcare services near you
-  Access our App day or night, wherever you are - from a range of devices (smartphone/tablet/laptop)

This makes the service perfect for advice out of hours, peace of mind during the night, or when travelling abroad – suitable for your Summer holidays! You can access our GP 24/7 App via MyPaycare at [www.paycare.org](http://www.paycare.org)

And remember, #PayCAREforyourself 😊

\*please refer to your Policy Document for full terms & conditions.

 01902 371 000  [www.paycare.org](http://www.paycare.org)

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Paycare

Everyday Health Cover since 1874