



# Do you wear Safety Boots at work?

**Did you know?**  
On average a person will walk 3 times around the world in their lifetime.  
A very good reason to take care of your feet!

Whether you're wearing heavy work boots or stood up in your job all day, your feet can take a lot of stress and strain. From ingrown toe nails, bunions and hard skin or even athlete's foot there are lots of common health problems which can affect your feet.

With a Paycare Plan we will pay 100% of the total cost that you have paid for Chiropody/Podiatry treatment for you or your dependant child, up to your annual entitlement, helping you to keep your feet feeling fresh!

To find out more about how you could benefit from a Paycare Health Cash Plan contact us using the details below.

## Contact Us

☎ 01902 371 000

🌐 [www.paycare.org](http://www.paycare.org)

Paycare

Everyday Health Cover since 1874