

5 SIGNS your cough is something more serious...

BLOOD IN YOUR COUGH

Even if there are only a few specks of blood visible, you should contact your GP as soon as possible.

Alerting your doctor as early as possible will set you on the path to finding out exactly what's causing this and treat it without delay.



PERSISTENT BREATHLESSNESS

Breathlessness can often be perceived as a general lack of fitness. But, if you experience breathlessness frequently it is absolutely vital that you do not dismiss your symptoms. There are a number of explanations for breathlessness, by speaking to your doctor immediately they will be able to help rule out any of the big nasties – including Lung Cancer

ACHES AND PAINS

Aches and pains can so often be dismissed as the consequence of a sore throat or a bug that's been going around. However, if you persistently experience pain when breathing, coughing, or eating, these could all be symptoms of something a little more serious. If you find that it's still causing disruption to your day to day routine, then it's important to seek medical advice from a doctor.

A LONG-STANDING COUGH

With a cough that's been hanging around for a few days, it can sometimes deteriorate and turn to chronic wheezing. Rather than deciding to struggle through, it is vital that you make a doctor's appointment as soon as possible. Ignoring these symptoms could make things worse.

ONGOING CHEST INFECTIONS

Getting a specialist opinion on your infection could help you gain crucial time through a faster cancer diagnosis. Whilst a lot of these symptoms are certainly very easy to treat with the right diagnosis it's important to act on them straight away.



To read the full blog, visit:

www.paycare.org/paycare-blog-for-you/5-signs-your-cough-is-something-serious/